

Confidential Client Intake Form and Release of Liability

Name: _____ E-mail: _____
Address: _____ Home phone: _____
City, State, Zip: _____ Cell phone: _____
DOB: _____ Work phone: _____
Occupation: _____ Referred by: _____
Emergency contact: _____ Phone: _____
Physicians name: _____ Phone: _____

General Health Information

Have you had professional bodywork before? If yes, how often do you receive bodywork? _____
Do you have any allergies or sensitivities to oils, lotions, scents, etc? _____
What are your exercise habits? _____
How much water do you drink daily? _____
Are you under the supervision of a physician for any health concerns? _____

Any current medications? _____

Any surgical history? _____

Please mark an (X) for current conditions and a (P) for past conditions

- | | | | |
|-------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Abdominal/Digestive problems | <input type="checkbox"/> Chronic pain | <input type="checkbox"/> Hernia | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> AIDS/HIV+ | <input type="checkbox"/> Circulatory/Heart problems | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Sciatica |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Currently pregnant | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Severe Tension/Stress |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Depression | <input type="checkbox"/> Migraines | <input type="checkbox"/> Spinal disorders |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Muscle Spasms/Cramps | <input type="checkbox"/> Sprains/Strains |
| <input type="checkbox"/> Asthma or lung conditions | <input type="checkbox"/> Disc Problems | <input type="checkbox"/> Muscle injuries | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Blood clots | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Numbness/tingling | <input type="checkbox"/> Rash/fungus |
| <input type="checkbox"/> Carpal Tunnel | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Tendonitis/Bursitis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Lupus | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> TMJ (jaw pain) |

Other: _____

Reason for today's visit

What would you like to focus on with today's treatment?

How long have you been having this issue? _____
Have you sought medical attention for this issue? _____
Have you tried and/or gotten relief with any other treatments? _____

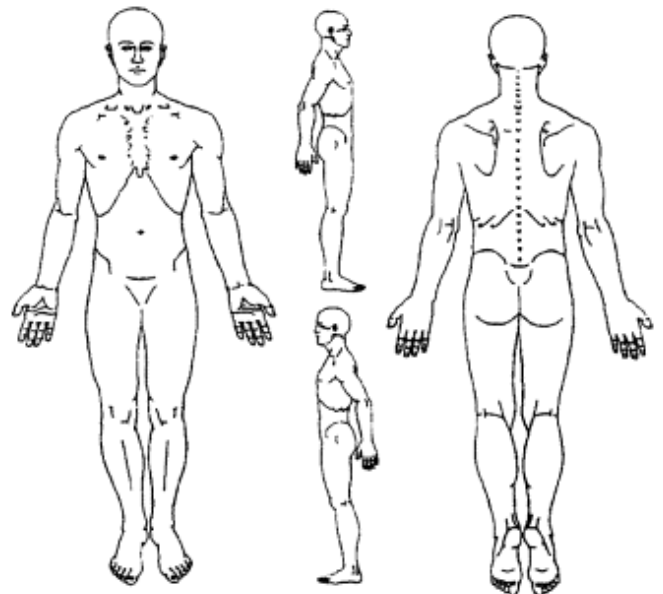
Please rate on a scale from 0 - 10 (10 being very high)

Stress Pain Energy

Please circle any areas of pain or tension on the diagram to the right

Please mark with an "X" any areas you would like avoided

(genital and breast areas will always be avoided)



Bodywork Client Waiver Form

Please take a moment to read and initial each of the following statements:

If I experience pain or discomfort during the session, I will immediately inform my therapist so that pressure/strokes can be adjusted to my level of comfort. I will not hold my therapist responsible for any pain or discomfort I experience during or after the session.

I understand that the services offered today are not a substitute for medical care. I understand that my therapist is not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat physical or mental illness.

I affirm that I have notified my therapist of all known medical conditions and injuries. I agree to inform the therapist of any changes in my health and medical condition. I understand that there shall be no liability on the therapist's part should I forget to do so.

I understand that bodywork is entirely therapeutic and non-sexual in nature.

By signing this release, I hereby waive and release my therapist from any and all liability, past, present, and future relating to massage therapy and bodywork.

I understand that should I cancel an appointment less than 24 hours before the scheduled time or "no show" an appointment, I am subject to a fee equal to the cost of the missed appointment. If the appointment was booked under a gift certificate, it will be voided in lieu of the fee.

Information and Suggestions

- Prior to your massage, please remove contact lenses and all jewelry. Pull long hair back with a clip or band.
- In general, massage is given while you are unclothed. However, you may choose to wear clothing (loose, comfortable clothing will not interfere with your treatment). You will be covered with a top sheet throughout your session. This is your massage and you should be as comfortable as possible.
- Feel free to ask your therapist any questions before, during, or after the session. Your therapist is a highly trained healthcare professional and wants to make you feel informed and comfortable.

I have received the policy statement, and have read and agree to the policies therein.
(Check here if you would like a copy of this agreement ___)

Client name: _____

Client signature: _____ Date: _____

I, the therapist, agree to perform my duties to the best of my ability keeping client health, safety, well-being and satisfaction foremost in mind. I will keep all client information and details in strict confidence as indicated by law and good ethical practice.

Therapist name: _____

Therapist signature: _____ Date: _____